



## Gizmo's Pawesome Dog Game



**Instructions:** Use the therapy dog bios on pages 35 and 36 to complete this activity with youth. Each dog is included once except Big Charlie who is not included.

1. Playing outside with a friend is a great way to take care of our mental health. Who is playing with a pinwheel outside with Gizmo on page 15?
2. Spending time with friends is a great thing to do when we feel sad, mad or worried. Who is spending time with Gizmo on page 20?
3. A coach is an example of a trusted adult. Who is Gizmo's coach on page 23?
4. Which two dogs are celebrating Gizmo's birthday on page 28?
5. A trusted adult is someone who is older that helps you, listens to you, and spends time with you. Name the four older dogs spending time with Gizmo on page 22.
6. If you are still feeling sad, mad or worried after doing things with others, your next step is to talk about your mental health with a trusted adult. Which two dogs is Gizmo talking to on page 21?
7. Dancing is a great thing to do to feel better. You can dance alone or with others. Who is Gizmo dancing with on page 19?
8. A park is a great place to go with others. Who is sitting on a picnic table in a park with Gizmo on page 17?
9. Parents, grandparents and friends are just a few people you can do things with to feel better. Who is Gizmo hanging out with on page 14?
11. Who has his own book and teaches us about taking care of our mental health?



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**Instructions:** Use the therapy dog bios on pages 35 and 36 to complete this activity. Each dog is included once except Big Charlie who is not included. **This is the guide/answer key.**

1. Playing outside with a friend is a great way to take care of our mental health. Who is playing with a pinwheel outside with Gizmo on page 15? (Sara Jane)
2. Spending time with friends is a great thing to do when we feel sad, mad or worried. Who is spending time with Gizmo on page 20? (Benjamin Franklin)
3. A coach is an example of a trusted adult. Who is Gizmo's coach on page 23? (Gideon)
4. Which two dogs are celebrating Gizmo's birthday on page 28? (Lacey and Nina)
5. A trusted adult is someone who is older that helps you, listens to you, and spends time with you. Name the four older dogs spending time with Gizmo on page 22. (Bennie, Charlie Bo Barlie, Ginger and Roxie)
6. If you are still feeling sad, mad or worried after doing things with others, your next step is to talk about your mental health with a trusted adult. Which two dogs is Gizmo talking to on page 21? (Clarence and Max)
7. Dancing is a great thing to do to feel better. You can dance alone or with others. Who is Gizmo dancing with on page 19? (Maggi)
8. A park is a great place to go with others. Who is sitting on a picnic table in a park with Gizmo on page 17? (Mini Cooper)
9. Parents, grandparents and friends are just a few people you can do things with to feel better. Who is Gizmo hanging out with on page 14? (Pipsqueak)
11. Who has his own book and teaches us about taking care of our mental health? (Gizmo)