

CONNECTICUT YOUTH SUICIDE AND MENTAL HEALTH DATA

- 2012-16- Suicide is the 2nd leading cause of death for 10-14 year-olds (3rd in US) (CDC, 2018).
- 2012-13- Over 40% of visits to School-Based Health Centers, over 42,000 visits, were for mental health issues (DPH, 2014).
- Hospitalizations following suicide attempts among CT youth aged 10-24 have increased substantially over the past decade. This is consistent with data from the CDC showing rates of death by suicide increasing nationally by over 20% since 1999 (NCHS Data Brief No. 241, April 2016).
- 2015- CT School Health Survey of 9-12th grade students found:
 - During the past 12 months, 26.6% (1/4) of students felt so sad or hopeless almost every day for two or more weeks in a row that they stopped doing some usual activities (a clinical indicator of diagnosable depression).
 - 32.8% (1/3) of high school students reported that they could not identify even one teacher or other adult in their school to talk to if they have a problem.
 - Only 25.4% (1/4) of students most of the time or always get the kind of help they need when they feel sad, empty, hopeless, angry, or anxious.
 - 18.5% (1/5) of students did something to purposely hurt themselves, such as cutting or burning themselves on purpose, without wanting to die, one or more times during the past 12 months (i.e., inflicted self-injury).
 - During the past 12 months, 13.4% (1/7) of students seriously considered attempting suicide (17.7% in US).
 - 7.9% (1/12) of students attempted suicide one or more times during the past 12 months (8.6% in US).